

Fall Protection Information

Full Body Harnesses, Lanyards/Lifelines, and Anchorage Connectors must be used together to provide a complete fall protection system.

Full Body Harnesses -

Lanyards/Lifelines -

Anchorage Connectors



Full Body Harness Features and Sizing Chart

D-RING TYPES



Back D-Ring—Standard with all harnesses for fall protection.



Front D-Ring—For climbing, confined space, and rescue applications.



Side D-Rings—Allow hands-free work when used with a positioning lanyard.

BUCKLE TYPES



Friction/Pass-Thru Buckle—Pass webbing through bar and then back between bar and frame.



Mating Buckle—Push center bar buckle through square link.



Tongue Buckle—Similar to a belt buckle.



Quick-Connect Buckle—Similar to a seat belt.



Cam Buckle—1-handed, simultaneous strap adjustment.

Full Body Harness Sizing Chart

Height (Ft.)	Weight (Lbs.)	Harness Size
Up to 5'8"	110-190	S/M
Up to 6'2"	165-300	M/L
Up to 6'6"	190-340	L/XL

Universal Size - One Size Fits Most (Approx. M/L Size)